

March/April Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
March 7 Whole grain cereal kit, assorted fruits and milk	March 8 Bagel with cream cheese or butter, 100% fruit juice, fruit choice and milk	March 9 Assorted fruit muffins with hard boiled eggs or a mozzarella string cheese, 100% fruit juice, fruit choice and milk	March 10 Scrambled eggs or whole grain cereal choice with graham crackers 100% fruit juice, fruit choice and milk	March 11 Bagel sandwich with egg and cheese or whole grain cereal choice with graham crackers, 100% fruit juice, fruit choice and milk
March 14 Whole grain cereal kit, fruit choice and milk	March 15 Egg and sausage on a whole wheat bagel, fruit choice, 100% fruit juice and milk	March 16 Scrambled or hard boiled eggs with a whole grain pop tart 100% juice, assorted fruit and milk	March 17 Whole Grain Fruit Muffin w/ string cheese Fresh Fruit Choice, 100% juice and milk	March 18 Mini pancakes or whole grain cereal choice with graham crackers, 100% juice assorted fruits and milk
March 21 Whole grain cereal kit, fruit choice and milk	March 22 Bagel sandwich with egg and cheese or whole grain cereal choice with graham crackers, 100% fruit juice, assorted fruit choice and milk	March 23 Apple filled bosco breadstick or whole grain cereal choice with hard boiled eggs, graham crackers 100% fruit juice, assorted fruits, and milk	March 24 No School	March 25 Good Friday, No School
March 28 Whole grain cereal kit assorted fruits and Milk	March 29 French toast sticks with a egg patty or whole grain cereal choice with graham crackers, 100% fruit juice and milk	March 30 Scrambled eggs with a bagel or whole grain cereal choice, graham crackers, 100% fruit juice and milk	March 31 Scrambled eggs with a whole grain bagel or whole grain cereal choice with graham crackers, 100% fruit juice, fruit choice and milk	April 1 Assorted warm fruit muffins, hard boiled eggs or mozzarella string cheese, or whole grain cereal, graham crackers 100% fruit juice Fresh Fruit Choice and Milk
April 4 Whole grain cereal kit assorted fruits and milk	April 5 Assorted warm fruit muffins, hard boiled eggs or mozzarella string cheese, 100% fruit juice Fresh fruit Choice and Milk	April 6 French toast sticks with an egg patty, or whole grain cereal choice with graham crackers, 100% fruit juice, orange smiles and milk	April 7 Egg and cheese on a warm bagel or whole grain cereal choice with teddy bear grahams 100% fruit juice, fresh apples and milk	April 8 Breakfast pizza or whole grain cereal choice with graham crackers 100% fruit juice, assorted fruits and milk

All juice drinks are 100% juice

This menu is subject to change without notice. Please remember applications for Free and Reduced Program is available on the Ashford School Website www.AshfordCt.org; please have your child bring his or her prepayments to cafeteria when entering school in the morning.

NO PREPAYMENTS CAN BE ACCEPTED DURING LUNCH!