

Ashford School  
Breakfast Menu

Aug. / Sept. 2018

Price : \$1.35 /daily

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Aug. 27</b></p> <p><b>Professional Development Day No School</b></p>	<p><b>Aug. 28</b></p> <p><b>Professional Development Day No School</b></p>	<p><b>Aug. 29</b></p> <p>Assorted Warm Fruit muffins with a Hard Boiled Egg 100% Fruit Juice, Assorted Fruit Option Milk Choice or Whole Grain Cereal Choice with Graham Crackers</p>	<p><b>Aug. 30</b></p> <p>Hard boiled Egg with a Bagel or Whole Grain Cereal Choice with Graham Crackers, 100% Fruit Juice, Assorted Fruit Option and Milk Choice</p>	<p><b>Aug. 31</b></p> <p>Whole Grain Cereal Choice, teddy bear graham crackers, 100% Fruit Juice Choice, Fresh or Canned Fruit and Milk Choice</p>
<p><b>Sept. 3</b></p> <p><b>Labor Day No School</b></p>	<p><b>Sept. 4</b></p> <p>Breakfast Pizza or Whole Grain Cereal Choice with Graham Crackers, 100% Fruit Juice Choice, Assorted Fruits and Milk Choice</p>	<p><b>Sept. 5</b></p> <p>French Toast Sticks with Egg Patty or Whole Grain Cereal choice with Goldfish Crackers, 100% Fruit Juice, Orange Smiles and Milk Choice</p>	<p><b>Sept. 6</b></p> <p>Egg and Cheese bagel sandwich or Whole Grain Cereal Choice with Teddy Bear Graham Crackers, 100% Fruit Juice, Fresh Apples and Milk Choice</p>	<p><b>Sept. 7</b></p> <p>Mozzarella string cheese with a warm muffin or Whole Grain Cereal Choice with Graham Crackers, 100% Fruit Juice, Mixed Fruit Cup, and Milk Choice</p>
<p><b>Sept. 10</b></p> <p>Cereal Kit: Cereal Choice Additional Grain Choice 100% Fruit Juice Add Another Fruit Choice and Milk Choice</p>	<p><b>Sept. 11</b></p> <p>Bagel sandwich with egg and cheese or Whole Grain Cereal Choice with Graham Crackers, 100% Fruit Juice, Assorted Fruit Option and Milk Choice</p>	<p><b>Sept. 12</b></p> <p>Warm Apple filled Bosco Breadstick or Whole Grain Cereal Choice, 100% Fruit Juice, Assorted Fruits, and Milk Choice</p>	<p><b>Sept. 13</b></p> <p>Whole Grain Cereal Choice or a Whole Grain Pop Tart, 100% Fruit Juice, Assorted Fruits and Milk Choice</p>	<p><b>Sept. 14</b></p> <p>Whole Grain Cereal Choice with a mozzarella String Cheese Stick &amp; graham crackers Fresh Fruit Choice, 100% Fruit Juice and Milk Choice</p>
<p><b>Sept. 17</b></p> <p>Cereal Kit: Cereal Choice Additional Grain Choice 100% Fruit Juice Add Another Fruit Milk Choice</p>	<p><b>Sept. 18</b></p> <p>French Toast Sticks with a Egg Patty or Whole Grain Cereal Choice with Goldfish Crackers, 100% Fruit Juice Assorted Fresh Fruits and Milk Choice</p>	<p><b>Sept. 19</b></p> <p>Breakfast Pizza or Whole Grain Cereal Choice, Graham Crackers, 100%Fruit Juice, Orange Smiles and Milk Choice</p>	<p><b>Sept. 20</b></p> <p>Scrambled Egg with a Whole Grain Bagel or Whole Grain Cereal Choice with Graham Crackers, 100% Fruit Juice, Fruit Options and Milk Choice</p>	<p><b>Sept. 21</b></p> <p>Assorted Warm Fruit Muffins, Hard Boiled Egg, or Whole Grain Cereal, with Goldfish Crackers, 100% Fruit Juice Fresh or canned fruit Option and Milk Choice</p>
<p><b>Sept. 24</b></p> <p>Cereal Kit: Cereal Choice Additional Grain Choice 100% Fruit Juice Add Another Fruit Milk Choice</p>	<p><b>Sept. 25</b></p> <p>Assorted Warm Fruit Muffin with a Hard Boiled Egg or Mozzarella String Cheese Stick, 100% Fruit Juice, Fresh Apples and Milk Choice</p>	<p><b>Sept. 26</b></p> <p>Maple Burst Pancakes or Cereal Choice with sunrise bite graham crackers, 100% Fruit Juice Choice, Fresh or Canned Fruit, Milk Choice</p>	<p><b>Sept. 27</b></p> <p>Egg and Cheese Bagel Sandwich or Whole Grain Cereal Choice with Goldfish Crackers, 100% Fruit Juice, Assorted Fruit Options and Milk Choice</p>	<p><b>Sept. 28</b></p> <p>Strawberry Yogurt with Granola or assorted whole grain cereal choice with goldfish crackers, 100% Fruit Juice, Assorted Fruit Option and Milk Choice</p>

All juice drinks are 100% fruit juice, whole grain cereal is offered daily.

This menu is subject to change without notice. Please remember applications for Free and Reduced Program is available on the Ashford School Website [www.AshfordCt.org](http://www.AshfordCt.org); please have your child bring his or her prepayments to cafeteria when entering school in the morning.

**NO PREPAYMENTS WILL BE ACCEPTED DURING LUNCH**

Offered daily - Apples, Oranges, Raisins, Craisins, along with daily fruit choice.